

# PROVE IT CHALLENGE

Feel amazing in  
30 days—guaranteed



# Radically change the way you feel

Feel healthier, more energized, more focused, and ready for anything.



## READY, SET, CLEANSE DAYS 1-7

Start with a 7-Day Healthy Cleanse to completely reset your system.

## A STRIP AND SHAKE A DAY DAYS 8-30

Adopt a daily nutrition routine: Replace one meal with a Life Shake™ and take a Vitalizer™ strip for clinically backed vitamins, minerals, and protein.



## KEEP FEELING AMAZING

Make health and nutrition a priority by keeping up your routine every day.

**You prove it. We guarantee it.**

If we haven't made a believer out of you in 30 days, we'll give you a full refund, even if the container is empty. **No questions asked.**





**PROVE IT CHALLENGE** WHAT'S INCLUDED

**7-DAY HEALTHY CLEANSE (7 AM, 7 PM SACHETS)**

Healthy Cleanse combines a carefully selected combination of Shaklee supplements with a supporting food plan for those looking for a jump start to weight loss, more energy, or digestive support.

**LIFE SHAKE (30 SERVINGS)**

Life Shake™ is a clinically proven meal replacement shake to help you thrive and create the foundation for a longer, healthier life.

**Available in:**

**PLANT:** A blend of non-GMO pea protein, L-leucine, organic chia seed protein, and organic pumpkinseed protein. Vanilla and Chocolate flavors.

**SOY:** A blend of non-GMO soy protein. Vanilla, Chocolate, Strawberry, and Café Latte flavors. Both Stevia and Stevia Free versions available.

**VITALIZER (30 DAILY VITA-STRIPS)**

Vitalizer™ provides advanced nutrition with a full spectrum of clinically supported vitamins, minerals, antioxidants, phytonutrients, omega 3-fatty acids, probiotics, and more in one convenient Vita-Strip®.

**Available in Vitalizer Women\*, Men, and Gold (for age 50+)**

\*Excellent as a prenatal/postnatal multivitamin.

Prove It Challenge #89526

TALK TO YOUR SHAKLEE INDEPENDENT DISTRIBUTOR



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Distributed by Shaklee Corporation, Pleasanton, CA 94588  
#76758 (New 06/19)

# Proven by Science

In just 30 days feel healthier, more energized, more focused, and ready to take on anything life throws your way—and we can prove it.

## 7- Day Healthy Cleanse

In a preliminary study, results showed improved focus and energy, improved sleep and healthy digestion.†

It also helped jump start weight loss and reduce cravings.†

Average weight loss of 6.8 pounds and a decrease in waist circumference of 1.62 inches\*



## Vitalizer

Vitalizer™ is based on 12 clinical studies and the Landmark Study, one of the largest studies ever done on long-term supplement users, which showed that those who used Shaklee supplements had much healthier biomarkers for heart, brain and cognitive health compared to non-supplement or single-supplement users.



## Life Shake

In a published clinical weight loss study, Life Shake™ helped participants lose fat, weight, and inches while retaining lean muscle.\*



†Based on a 7-day pilot study conducted by three Shaklee distributors—an M.D. and two nutritionists—in collaboration with Shaklee Medical Affairs

\*As part of the Shaklee 180 Program. Clinical study participants replaced two meals with Shaklee Life Shakes daily and followed a 45-minute exercise program twice weekly. See full details of Life Shake clinical studies at [healthresource.shaklee.com](http://healthresource.shaklee.com).