The Perfect Gummy Multivitamin to Fill **Nutrient Gaps**

VITA-LEA® GUMMY

Vita-Lea® Gummy is a strawberry multivitamin gummy that contains core nutrients to support overall health, including brain, heart, and immune health, and help boost energy levels.* This gummy provides what you may be missing at meals with 100% DV or more of key nutrients of concern, including vitamins A, C, D, and E.

#21514 | 30 SERVINGS RETAIL PRICE: \$39.40 | MEMBER PRICE: \$33.50 | PV: 20.40



Vegetarian

Nondairy

SUPPORT YOUR OVERALL HEALTH AND WELL-BEING

Why We Love It

- Formulated for individuals who prefer gummies over tablets
- Helps fill nutrient gaps with 12 essential vitamins and minerals
- Supports brain health, heart health, energy, immune health, and more*
- Available in a sugar-free, strawberry-flavored gummy
- Clinically proven health benefits.* Based on 7 clinical studies.

DIRECTIONS: Adults take up to 3 gummies daily, children ages 4–17 take 2 gummies daily.

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Supplement Facts Serving Size: 2 or 3 Gummies

Servings Per Container: 30 or 45

	2 gummies (Children 4+) Amount % DV		3 gummies (Adults 18+) Amount % DV	
Calories	15		20	
Total Carbohydrate	4 g	1%**	7 g	3%**
Vitamin A (as vitamin A palmitate and beta-carotene)	900 mcg	100%	1,350 mcg	150%
Vitamin C (as ascorbic acid)	90 mg	100%	135 mg	150%
Vitamin D (as cholecalciferol)	20 mcg (800 IU)	100%	30 mcg (1,200 IU)	150%
Vitamin E (as d-alpha-tocopherol)	15 mg	100%	22.5 mg	150%
Niacin (as niacinamide)	8 mg	50%	12 mg	75%
Vitamin B ₆ (as pyridoxine hydrochloride)	0.85 mg	50%	1.275 mg	75%
Folate			300 mcg DFE 75% (180 mcg folic acid)	
Vitamin B ₁₂ (as cyanocobalamin)	2.4 mcg	100%	3.6 mcg	150%
Biotin	30 mcg	100%	45 mcg	150%
Pantothenic Acid (as calcium d-pantothenate)	5 mg	100%	7.5 mg	150%
lodine (as potassium iodide)	75 mcg	50%	112.5 mcg	75%
Zinc (as zinc citrate)	5.5 mg	50%	8.25 mg	75%

Percent Daily Values (DV) are based on a 2,000 calorie diet. †Daily Value not established.

Other Ingredients: Maltitol Syrup, Erythritol, Xylitol, Pectin, Water, Natural Strawberry Flavor, Lactic Acid, Malic Acid, Citric Acid, Monk Fruit Extract, Vegetable Juice For Color.

Item #21514

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease



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FAQ

How do I know if Vita-Lea Gummy is right for me?

With essential vitamins and minerals foundational to overall health and well-being, our Vita-Lea Gummy is an excellent alternative multivitamin solution for anyone who struggles with swallowing tablets and people who prefer other delivery forms.

How many vitamins and minerals are in Vita-Lea Gummy?

Vita-Lea Gummy provides 12 essential vitamins and minerals. These include key nutrients of concern, vitamins A, B6, B12, C, D, and E, niacin, folic acid, biotin, pantothenate, iodine, and zinc.

Due to their format, gummy vitamins cannot hold as many nutrients as tablets. Consequently, Vita-Lea Gummy contains fewer vitamins and minerals than Vita-Lea tablets. When formulating this product, we focused on including the most critical nutrients to ensure it meets the key nutritional needs of most people.

Can I give Vita-Lea Gummy to my kids?

Yes. Kids ages 4 and up can take Vita-Lea Gummy and should take 2 gummies daily. But we recommend kids try Meology® Kids, our all-in-one vitamin gummy packs for kids.

What is the serving size for Vita-Lea Gummy?

Children 4 years and up should take 2 gummies daily. Adults 18 years and older should take 3 gummies daily.

Is Vita-Lea Gummy suitable for people with specific dietary restrictions or preferences?

Vita-Lea Gummy is vegetarian, gluten-free, and nondairy. We always recommend that you consult with your physician if you have any specific concerns regarding whether a product is appropriate for you.

Does Vita-Lea Gummy have a flavor?

Yes, Vita-Lea Gummy is strawberry-flavored.

Does Vita-Lea Gummy contain sugar or other sweeteners?

Vita-Lea Gummy is sugar-free. Instead, it utilizes a maltitol base and is sweetened with xylitol, erythritol, and monk fruit extract. One Vita-Lea gummy contains ~7 calories per gummy.

Why do the gummies have a white coating?

The sanding on the outside of the gummies is maltitol, a naturally derived, sugar-free sweetener. This sanding helps reduce stickiness.

How should Vita-Lea Gummy be stored?

Vita-Lea Gummy should be stored in a cool, dry place away from direct sunlight.

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The Most Comprehensive. Clinically Proven. Multi.

	Vita-Lea [®] Women	Vita-Lea® Men	Vita-Lea Gold® with Vitamin K	Vita-Lea Gold® w/out Vitamin K	Vita-Lea® Methylated	Vita-Lea® Gummy
Description	High-potency multivitamin/mineral with added iron	High-potency multivitamin/mineral without added iron	High-potency multivitamin/mineral for adults 50+	High-potency multivitamin/mineral without vitamin K	High-potency multivitamin/mineral with methylated B vitamins	Strawberry-flavored multivitamin/mineral gummy
Nutrition	24 essential vitamins & minerals 100% DV of all essential vitamins	23 essential vitamins & minerals 100% DV of all essential vitamins	23 essential vitamins & minerals 100% DV of all essential vitamins N-acetylcysteine	22 essential vitamins & minerals 100% DV of all essential vitamins (except vitamin K) N-acetylcysteine	23 essential vitamins & minerals 100% DV of all essential vitamins N-acetylcysteine	12 essential vitamins & minerals 100%+ DV of key nutrients of concern
Form	4-147.01					
Points of difference	Contains iron Contains added folic acid Contains added iodine Great for prenatal and postnatal care	Does not contain iron	Contains added B vitamins and zinc to support age-related changes* Contains N-acetylcysteine	Does not contain vitamin K Contains added B vitamins and zinc to support age-related changes* Contains N-acetylcysteine	Contains methylfolate Contains methylcobalamin	• Gummy
Who is this for?	Menstruating women of child-bearing age	Men under 50 years old Women who do not want supplemental iron	Men and women over 50 years old Younger women no longer menstruating	Individuals on blood- thinning medications (i.e., warfarin, Coumadin)	Individuals seeking methylated B vitamins	Individuals who prefer gummies over tablets

Over 1,700+ quality tests conducted across the Vita-Lea line for each production

Our quality standards exceed US Pharmacopeia, US GMP, US FDA, and other international regulatory standards.

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